

HYGIENE RELATED BEHAVIOURS

Regular use of toilet, frequent handwashing and personal hygiene behaviours should be practiced by entire family for prevention of infection.

USE OF TOILET

Regular use of toilet protects the individual, family and the entire community from infectious diseases that spread due to poor sanitation.



ENTIRE FAMILY SHOULD USE TOILET REGULARLY

HANDWASHING WITH SOAP

Critical times for handwashing



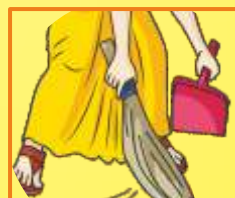
Before cooking, feeding others and eating food



After using the toilet



After coming in contact with animals



After cleaning the house and disposing of garbage

PERSONAL HYGIENE



Bathe daily and keep your hair clean



Keep your nails trimmed



Brush your teeth at least twice a day



Do not walk barefoot, always wear slippers